

# **RENAL CALCULI - FOLKLORE AYURVEDIC PRACTICE**

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# Introduction

- Data collected from Medical as well as non Medical (traditional ) Pure Ayurvedic Practitioners
- Highlighted towards Vyadhipratyanik Chikitsa  
(Investigation and Samprapti Ghataks Not considered)

## Cont..

- But **Excellent** response by people due to good result has been seen.
- Very **Bad** and Insulting response during data collection.

# Kolhapur Jotiba hill

- Davana –Sugandhi Plant Swarasa
- Dagadipala-Kalka

# Kolhapur Radhanagari

- Vansha Mula Swarasa
- Sarata (Gokharu) Churna

# Pune -Junnar

- Sariva +Varuna Kadha 3-4 ml  
B.D.After food

# Pune Urban

- By Old Physican

**Lean Person** –Sahachar Taila  
Vataja samprapti?

**Obese Person**

Pashanbheda+Kutaki Churna

# Kolhapur-Bhudargad Gargoti

- Primary Teacher (Mr.Palshivanekar)

Well Water(Kupa Jala) qty-5 ltr.

# Nipani -Akola

- Sarata Churna—(Gokshura)

# Pimpri Chinchvad

- Gulab Arka + Loni + Sharkara

Equally -2tsf

## Pune –(Shirur Taluka)

- Vanshalochan -1/4 tsf. Along with Nagina patra swrarasa

# Kolhapur Radhanagar(Titha)

- Dr.Shamrav Sutar.(R.M.P)  
Pure Kata upto 200mg + Guda 3gm  
B.D.

# Athani.

- Dr.R.M.Haolge.(R.M.P)

Hulagaddhi 2 Kand + 2gm Jiraka

B.D.

# Bagewadi Phata

- Tulsi Juice +Adraka Juice +Madhu  
Whole combination upto 10-15 ml  
Early morning

# Belgaum-Dhamane

- Ritha 2gm + Karika Bija Churna  
( $\frac{1}{2}$  Bija)Prata

# Halkarni Kolhapur

- Vansha Mula Swrasa 4ml Prata

# Satara Appashinge

- Non Medical Army retired old practitioner (Mr.Nikam) -

Metha 6gm+1gm Madhu Alternate day  
Early Morning

# Handiganur BGM

- Kadali Kanda Swrasa

Early morning 6-10ml

# Pune City

- **Vataja Samprapti** –Shachar Taila upto 15ml as Shamana Snehapana
- **Pittaja Samprapti**- Chandraprabhavati 250mg 6times per day.
- **Kaphaja samprati**-Pashanbheda +KatukiChurna Anupana -Dhashmularistha

# Conclusion

- Most of practitioners prescribe medicine on **Prata kal**
- Scientific collection and Clinical trial necessary to Prove Collected data

**THANK YOU....**