

**COMPARATIVE STUDY OF SIRAVEDHA TREATMENT IN MANUSCRIPT  
PATHYAPATHYASANGRAHA AND SUSHRUT SAMHITA**

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**ABSTRACT**

*Raktamokshana* is one of them shodhan procedures. *Siravedha* a type of *Raktamokshana*, is equally important in the management of all the diseases. *Raktamokshana* is very well explained in *Sushrut Samhita*. *Pathyapathyasangraha* a unpublished manuscript also explains *Raktamokshana*. Hence we compared manuscript with *Sushrut Samhita*. *Sushrut Samhita* had explained treatment with surgical dominance and includes *Siravedha*. *Pathyapathyasangraha*, though aimed to explain *pathya* and *apathy* for the diseases had explained *Siravedha* as principal of management. When Compared *Pathyapathyasangraha* describes *Raktamokshana* in 24 diseases out of 65 diseases. *Pathyapathyasangraha* and *Sushrut Samhita* both describe *Raktamokshana* in 15 similar diseases. *Pathyapathyasangraha* describes *Raktamokshana* in 9 diseases other than *Sushrut Samhita*.

**Keywords**– *Raktamokshana*, *Siravedha*, *Pathyapathyasangraha*, *Sushrut Samhita*.

**INTRODUCTION**

Treatment is basically of two types<sup>1</sup> i.e. *Shodhan* and *Shaman*. Treatment which takes away *doshas* from body is *Shodhan*<sup>2</sup> which is of five type's viz. *Vaman*, *Virechan*, *Basti*, *Nasya*, *Raktamokshana*. *Raktamokshana*<sup>3</sup> can be done with *Shrunga*, *Alabu*, *Jalauka* and *Siravedha*. In all diseases shodhan and shaman procedures are used but *Raktamokshana* is equally important in the managements of all diseases. When disease is not cured by *Shit*, *Ushna*, *Rukhsa* and *Snigdha* treatment we can consider that the disease is due to *Rakta* and treat accordingly. The treatment for the management<sup>4</sup> is *Uapavas*, *Virechan* and *Raktamokshana*. Manuscript is any document written by hand which is more than 75 years old. Many of such manuscripts

are available in Sanskrit and regional languages. Manuscript is a rich source of traditional knowledge and verifying the validity of the claims of previous research with the study of history, culture, ancient sciences, languages etc. Today main source of Ayurvedic knowledge is the ancient Ayurvedic literature most of which is unpublished. The unpublished material is neither classified nor catalogued which is in the form of manuscript. One of such manuscript *Pathyapathyasangraha* was studied and compared with *Sushrut Samhita*. Manuscript "*Pathyapathyasangraha*" is also unpublished and which around 16<sup>th</sup> century old was observed in manuscript library, Anandashram, Pune. When manuscript was studied it was observed that though manuscript is related to *pathyapathy*, principles of treatment are

also explained like *Shodhan* and *Shaman*. The observation after comparison is that manuscript has more influence of Sushrut Samhita. Sushrut Samhita has dominance towards surgical management and uses procedures like *Raktamokshana* i.e. *Siravedha*. The manuscript describes total 65 diseases in 430 sutra and 1232 lines.

### Aim and Objective

**Aim** - To compare *Siravedha* Chikitsa in manuscript with Sushrut Samhita

Source – Manuscript collated from Anandashram, Pune.

### Objectives

1. To study the manuscript *Pathyapathyasangraha*.
2. To compare *Raktamokshana* i.e. *Siravedha* topics of manuscript *Pathyapathyasangraha* with Sushrut Samhita.

### Materials and Method

#### Material

- 1) Manuscript - *Pathyapathyasangraha*  
About the manuscript-

- a) Manuscript is collected from Anandashram, near Appa Balawant Chowk, Pune.
  - b) No – 19-6-56
  - c) Size – 21 cm x 17 cm
  - d) Extent – 66 leaves, 19 inches to a page, 18 letters to a line.
  - e) Description – country papers, Devanagari characters, hand written, clean, neat and distinct. Paper is old and musty, actual number of folios – 37. The text is written with sufficient space between the lines.
  - f) Age – appears to be old
  - g) Author – unknown
- 2) Sushrut Samhita- Editor –Dr. Ambikadatta Shastri, Publication – Choukhamba Publication, Edition – ninth edition 1995.

**Methodology** – Description related to *Siravedha* in manuscript was compiled studied, classified, compared and presented in observation. Conclusions are drawn from observations.

**Observation-** Comparison of *Siravedha* treatment -

Index No.	Disease	Mans. <i>Pathyapathyasangraha</i>	Sushrut Samhita
1	<i>Arsha</i>	Explained <sup>5</sup>	Not explained <sup>6</sup>
2	<i>Pandu</i>	Explained <sup>7</sup>	Not explained <sup>8</sup>
3	<i>Svarabheda</i>	Explained <sup>9</sup>	Not explained <sup>10</sup>
4	<i>Vataroga</i>	Explained <sup>11</sup>	Explained <sup>12</sup>
5	<i>Vatarkata</i>	Explained <sup>13</sup>	Explained <sup>14</sup>
6	<i>Udar</i>	Explained <sup>15</sup>	Explained <sup>16</sup>
7	<i>Shotha</i>	Explained <sup>17</sup>	Not explained <sup>18</sup>
8	<i>Vruddhi</i>	Explained <sup>19</sup>	Explained <sup>20</sup>
9	<i>Galaganda</i>	Explained <sup>21</sup>	Explained <sup>22</sup>
10	<i>Shlipada</i>	Explained <sup>23</sup>	Explained <sup>24</sup>
11	<i>Vidradhi</i>	Explained <sup>25</sup>	Explained <sup>26</sup>
12	<i>Sadyovrana, Shophavran</i>	Explained <sup>27</sup>	Explained <sup>28</sup>
13	<i>Bhagandar</i>	Explained <sup>29</sup>	Not explained <sup>30</sup>
14	<i>Uapadansha</i>	Explained <sup>31</sup>	Explained <sup>32</sup>
15	<i>Shukadosha</i>	Explained <sup>33</sup>	Explained <sup>34</sup>

16	<i>Kustha</i>	Explained <sup>35</sup>	Explained <sup>36</sup>
17	<i>Shitapitta</i>	Explained <sup>37</sup>	Not explained <sup>38</sup>
18	<i>Visarpa</i>	Explained <sup>39</sup>	Not explained <sup>40</sup>
19	<i>Masurika</i>	Explained <sup>41</sup>	Not explained <sup>42</sup>
20	<i>Mukharoga</i>	Explained <sup>43</sup>	Explained <sup>44</sup>
21	<i>Karnaroga</i>	Explained <sup>45</sup>	Not explained <sup>46</sup>
22	<i>Nasaroga</i>	Explained <sup>47</sup>	Explained <sup>48</sup>
23	<i>Netraroga</i>	Explained <sup>49</sup>	Explained <sup>50</sup>
24	<i>Shiroroga</i>	Explained <sup>51</sup>	Explained <sup>52</sup>

## DISCUSSION

*Raktmokshana* described in the literature, comparison and observation was discussed in department. Attempt was made to find out original contribution by author and sources of the material included in.

1. In manuscript *Pathyapathyasangraha*, *Siravedha* treatment is advised in 24 diseases viz. *Arsh, Pandu, Svarabheda, Vataroga, Vatarakta, Udara, Shotha, Vruddhi, Galaganda, Shlipada, Vidradhi, Sadyovran-Shophavran, Bhagandar, Uapadansha, Shukadosha, Kustha, Shitpitta, Visarpa, Masurika, Mukharoga, Karnaroga, Nasaroga, Netraroga, Shirorog.*
2. When compared to Sushrut Samhita it is observed that Sushrut explains *Siravedha* in 15 diseases viz. *Vataroga, Vatarakta, Udara, Vruddhi, Galaganda, Shlipada, Vidradhi, Sadyovran-Shophavran, Uapadansha, Shukadosha, Kustha, Mukharoga, Nasaroga, Netraroga, Shirorog.*
3. *Siravedha* has treatment newly observed in manuscript *Pathyapathyasangraha* other than Sushrut Samhita in following diseases - *Arsh, Pandu, Svarabheda, Shotha, Bhagandar, Shitpitta, Visarpa, Masurika, Karnaroga*
4. Though Sushrut Samhita has given importance to surgical management of

disease, we find that manuscript *Pathyapathyasangraha* explain *Siravedha* management in more disease than Sushrut Samhita .

## CONCLUSION

Sushrut Samhita has given importance to *Raktamokshana, Agnikarma, Ksharakarma* and *Shastrakarma*. Manuscript *Pathyapathyasangraha* also describes *Raktamokshana* as *Siravedha* for many diseases. When compared, *Siravedha* treatment in manuscript and Sushrut Samhita, we can conclude that manuscript describes *Raktamokshana* in 9 diseases other than Sushrut Samhita. ie. *Arsh, Pandu, Svarabheda, Shotha, Bhagandar, Shitpitta, Visarpa, Masurika, Karnaroga*. Unpublished

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