

A CRITICAL STUDY OF SANKETMANJARI COMMENTARY ON ASHTANGA HRIDAYAM W.S.R. TO SHARIRASTHANA

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ABSTRACT

The ancient literature of Ayurveda is in the form of *Brihatrayi* (3 Major treatises of Ayurveda), *Laghutrayi* (3 Minor treatises of Ayurveda) and their commentaries. As the time passed, various commentators tried to explain the original concepts. While doing this they added the relevant matter which was prevalent in that era. Commentaries are always helpful for better understanding of the complex concepts described in ancient texts. *Sanketmanjari* (SM) commentary is written on *Ashtanga Hridayam* (AH) and is available in full form i.e. on all *Sthana* (Section). Author of this commentary is Mr Damodar Ranade. This commentary seems to be written after 17th century. This study is restricted to *Sharira Sthana* (One of the six sections of *Ashtanga Hridayam* dealing with Anatomy) of *Sanketmanjari* commentary along with *Sarvanga Sunadara* commentary and *Ayurveda Rasayana* Commentary. Study of *Sharirasthana*, shows that *Sanketmanjari* commentary is available on 75.61% of total *Shloka* of *Sharira Sthana*. The new contributions are available on 9.01 % *Shloka* of *Sharira Sthana*. Study shows that the *Sanketmanjari* commentary follows all the three previous commentaries i.e. *Sarvangasundara*, *Ayurveda Rasayana* and *PadarthaChandrika*. Less contributions of this commentary in the field of Ayurveda may have lead to ignorance of this commentary by the scholars of Ayurveda.

Keywords: *AshtangaHridayam, Sanketmanjari, Sarvangasundara, Ayurveda Rasayana*

INTRODUCTION

Ashtanga Hridaya has the signal honor of having the highest number of commentaries than any other Ayurveda treatise. Though about thirty commentaries are known, most of them are either lost, available partly or remaining in manuscript form in the libraries of India and other countries. Only six are available in print, one com-

pletely and the remaining partly¹. The only commentary available in full and in print form is *Sarvangasundara* by *Arunadatta*. *Sanketmanjari* is a commentary written on *Ashtanga Hridaya* and is available in full in Manuscript form. This commentary is written by *Mr Damodar Ranade*. This commentary remained unnoticed in the History of

Ayurveda. There are very few references of this commentary in the history of Ayurveda and i. e. in Aufrecht's Catalogus Catalogorum, in *AshtangaHridaya* – Edited by *Bhishagacharya Harishastri Paradkar Vaidya*². The same reference has been quoted by *Acharya Priyavrat Sharma* in the book 'Ayurveda Ka VaigyanikItihas'³ and 'Vag-hata Vivechana'⁴.

Many commentaries were lost or remained unnoticed due to various reasons. If a particular commentary is available in manuscript form then it is the need of time to study the commentary in thorough. Such type of studies can throw some light on the practice of *Ayurveda* in that era. Not only this, it will also be helpful to find the missing links in the history of *Ayurveda*. With this purpose this study was undertaken. This study is restricted to the *ShariraSthana* of *Ashtanga Hridayam*. All the verses of *SharirSthana* of *AshtangaHridayam* along with *Sarvangasundara* commentary, *Ayurveda Rasayana* commentary and *Sanketmanjari* commentary are referred for this study.

Aims and Objectives

Aims and objectives for the study were

1. To Study critically the *ShariraSthana* of *Sanketmanjari* Commentary of *Ashtanga-Hridayam*

Table-1 - *Sharirasthana*

Table showing total number of *Shloka* in AH (*Kunte-Shastri*), AH with SM, total number of *Shloka* on which SM Commentary is available and total *Shloka* on which additional SM Commentary is available

Chapter No.	Chapter Name	Total <i>Shloka</i> in AH- <i>KunteShastri</i>	AH - SM- Total <i>Shloka</i>	Total no. of <i>Shloka</i> with SM- Commentary	Total No. of <i>Shloka</i> with Different SM Commentary
1.	<i>Garbhavakranti</i>	100½	100½	78½	9

2. To do the comparative study of *ShariraSthana* of *Sarvangasundara* commentary, *Ayurveda Rasayana* commentary and *Sanketmanjari* commentary.

Materials and Methods

Materials –

1. *Ashtanga Hridayam* with *Sanketmanjari* commentary and *Anantsundari Vyakhya* by Prof. M. K. Vyas (Under Publication)
2. *Ashtanga Hridayam*, (*Moola Samhita*), with *Sarvangasundara* Commentary & *Ayurveda Rasayana* Commentary Edited by *HarishastriParadkar Vaidya*,

Methods

ShariraSthana of *Sanketmanjari* commentary is chapter wise critically studied along with other available commentaries like *Sarvangasundara* and *Ayurveda Rasayana* as under. Each and every *Shloka* of *Shariras-thana* of *Sanketmanjari* commentary is studied to find out new additions in the main text of *AshtangaHridayam* as well as additions in the commentary.

Observations

The following observations are noted during the critical analysis of *ShariraSthana* of *Sanketmanjari* Commentary on *Ashtanga-Hridayam*

2.	Garbhavyapadam	62	62	48	8
3.	Angavibhagam	120	120	89	5
4.	Marmavibhaga	70	75	57	10
5.	VikritiVidnyaneeyam	132	135	103	17
6.	DutadiVidnyaneeyam	73½	73½	53	2
Total		558	566	428	51

Sanketmanjari Commentary is available on 75.61% Shloka of AshtangaHridayaSharirasthana.

Graph – 1 - Sharirasthana

Graph showing

1. Total number of Shloka in AH (Kunte-Shastri)
2. Total Shloka in AH with SM
3. Total number of Shloka on which SM commentary is available and
4. Total Shloka on which additional SM commentary is available

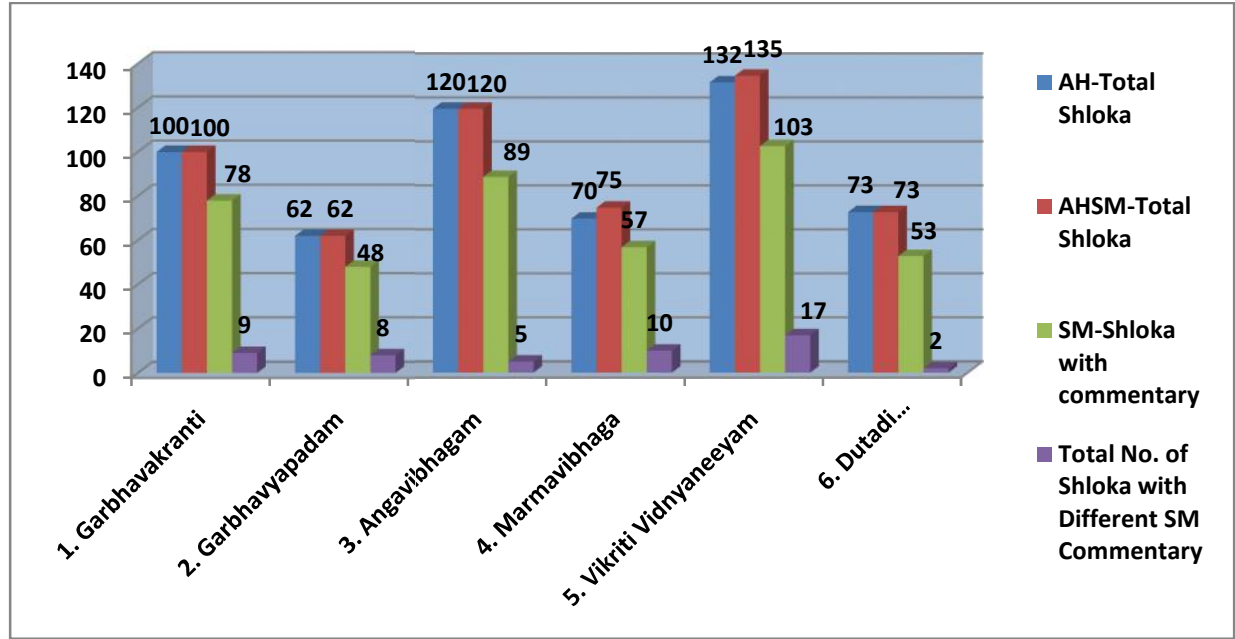


Table - 2

Table showing the Sthana wise percentage of Shloka on which SM Commentary is available

Sr. No.	Sthana	SM Commentary on No. of Shloka (%)
1.	Sharirasthana	75.61%

Out of 5 Sthana, Sanketmanjari Commentary is available on 75.61% Shloka of ShariraSthana.

Table - 3

Table showing the Sthana wise percentage of Shloka on which some additional SM Commentary is available than SS and AR

Sr. No.	Sthana	Additional SM Commentary on No. of Shlo-
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		<i>ka</i> (%)
1.	<i>Sharirasthana</i>	9.01%

Addition i.e. 9.01% is found in *Sharirasthana* Commentary of *Ashtanga Hridayam*.

Table -4

Table showing *Sthana*-wise names of *Acharya* (Experts) or names of commentaries cited at various places in SM Commentary along with their Reference

Sr. No.	<i>Acharya</i> /Commentary Name	Reference	Time Duration*
<i>Sharirasthana</i>			
1.	<i>Teesatacharya</i>	<i>Sha.</i> 3/65	10 th Century AD
2.	<i>Jejjata</i>	<i>Sha.</i> 4/47	9 th Century AD

(*Time duration is as per the book “*Ayurveda KaVaigyanikaItihas*” By Acharya P. V. Sharma) Out of 21 references, *Arunadatta* has been quoted 10 times.

Table – 5

Table showing the names of various places cited in SM Commentary along with their Reference

Sr. No.	Place Name	Reference
<i>Sharirasthana</i>		
1.	<i>Ayodhya</i>	<i>Sha.</i> 1/30
2.	<i>Kashi</i>	<i>Sha.</i> 1/30
3.	<i>Haridvar</i>	<i>Sha.</i> 1/30
4.	<i>Mathura</i>	<i>Sha.</i> 1/30
5.	<i>Kurukshetra</i>	<i>Sha.</i> 1/30

All the places quoted are from North India.

Table – 6

Table showing the name of the *Dravya* (drugs) from SM Commentary along with their synonyms and references

Sr. No.	<i>Dravya</i>	Synonym	Reference
<i>Sharirasthana</i>			
1.	<i>Hiranyapushpi</i>	<i>Kharjuri</i>	1/83
2.	<i>Suvarchala</i>	<i>Sooryamukhi</i>	1/84
3.	<i>Teekshnaka</i>	<i>Akarkarabha</i>	1/88
4.	<i>Ambhoja</i>	<i>Kamal</i>	2/2
5.	<i>Utpalam</i>	<i>Neelam</i>	2/3
6.	<i>Uddalaka</i>	<i>Vanakodrava</i>	2/11
7.	<i>Utkrosha</i>	<i>Kurura Pakshi</i>	2/18
8.	<i>Shakam</i>	<i>Kharakandakam</i>	2/42
9.	<i>Bala</i>	<i>Shadangi</i>	2/52
10.	<i>Kalanusari</i>	<i>Utpalasariva</i>	2/54

11.	<i>Shaileya</i>	<i>Shilajatu</i>	2/54
12.	<i>Vari</i>	<i>Shatavari</i>	2/54
13.	<i>Ashmantaka</i>	<i>Yamalapatra</i>	2/53
14.	<i>Tamravalli</i>	<i>Manjishtha</i>	2/53
15.	<i>Vrikshadane</i>	<i>Vandakam</i>	2/53
16.	<i>Payasya</i>	<i>Kakoli</i>	2/53
17.	<i>Lata</i>	<i>Gandhapriyangu</i>	2/53
18.	<i>Padma</i>	<i>Bharangi</i>	2/53
19.	<i>Kashmari</i>	<i>Shreeparni</i>	2/53
20.	<i>Madhuparnika</i>	<i>Guduchi</i>	2/53

Table-7

Table showing the list of Definitions along with their reference in SM Commentary

Sr. No.	Definition	Reference
Sharirasthana		
1.	<i>Hrishtaroma</i> (Horripilation)	<i>Sha. 5/122</i>
2.	<i>BhavikaSwapna</i> (One of the types of dream)	<i>Sha. 6/61</i>

Table -8

Table showing the contribution in *Roganidana* along with their reference in SM Commentary

Sr. No.	<i>Roganidana</i> Contributions	Reference
1.	<i>SamanyaMarmaviddhaLakshana</i> (General sign and symptoms of injury to vital parts)	<i>Sha.4/52</i>
2.	<i>MarmabhighataLakshana</i> (Specific sign and symptoms of injury to vital parts)	<i>Sha.4/72-75</i>

Table – 9

Table showing the Chapter wise important points

Sr. No.	Ch. No.	Chapter Name	Important Contributions
Sharirasthana			
1.	1	<i>Garbhavakranti</i>	1. Important Commentary regarding following the clothing etc of a particular region to achieve the specific Psyche of the newborn.
2.	3	<i>Angavibhagam</i>	1. The commentator has quoted Teesatacharya 2. One <i>Shloka</i> depicting the importance of Agni (Digestive fire).
3.	4	<i>Marmavibhaga</i>	1. The commentator has quoted Jejjata 2. <i>SamanyaMarmaviddhaLakshana</i>

			3. <i>MarmabhighatLakshana</i>
4.	6	<i>DutadiVidnyaneeyam</i>	1. Definition of <i>BhavikaSwapna</i> is better.

CONCLUSION

1. Study of *Sharirasthana*, shows that *Sanketmanjari* commentary is available on average 75.61% of total *Shloka* of these five *Sthana*.
2. The new contributions are available on 9.01 % *Shloka* of *ShariraSthana*.
3. Many *Shloka* that are not available in *AshtangaHridayam* (Edited by Harishastri Paradkar Vaidya) and are available in the main text of this commentary are taken from the *Samhita* like *Sushrut-samhita*, *Charakasamhita* and *AshtangaSangraha*. More number of *Shloka* has been taken from *Ashtanga Sangraha*.
4. This commentary follows all the three previous commentaries i.e. *Sarvangasundara*, *Ayurveda Rasayana* and *PardarthaChandrika*.
5. The study shows the commentator has mainly followed *Sarvangasundara* commentary.
6. Less contributions of this commentary in the field of *Ayurveda* may have lead to ignorance of this commentary by the scholars of *Ayurveda*.

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