

**MAHARISHI CHARAK AYURVEDIC CENTRE FOR RHEUMATIC DISEASES
DHANWANTRI KUNJ 344 BAKSHI NAGAR JAMMU 180001**

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PRESS RELEASE

NATIONAL AYURVEDA DAY CELEBRATED

Jammu Oct 28, National Ayurveda Day on the auspicious Dhanwantri Jayanti was celebrated today in the premises of Maharishi Charak Ayurvedic Centre for Rheumatic Diseases where free consultation & Medicines to patients of arthritis & allied ailments were provided. While speaking on the occasion Dr. Virender Mahajan Medical Director of MCA center congratulated Ministry of AYUSH for adopting Dhanwantri Jayanti as National Ayurveda Day. He said Ministry of AYUSH should chalk out a comprehensive program for prevention of diseases and involve School & colleges in a big way. Ministry should publish Manuals strictly as per seasons. International Agencies in Health care delivery are concentrating on this particular segment which is prevention. He further stated that Ministry of AYUSH should take all steps to maintain originality of ancient drugs because everyone across the Globe wants original not modified or amended.

He stated that our sister concern Rahul Pharma, a National Award Winning & GMP compliance Company gave the world first anti-arthritis herbal drug based on herb Salai Guggulu (Boswellia Serrata) in early eighties . Its whole processing was based on Ayurvedic concept, we did not add any sort of chemical as excipient and today Herbal Medicine S.Compound became synonymous to Boswellia Serrata. World Health Organization which is the highest Technical body in the world in Health Management inserted research work on S.Compound which was published in reputed National & International Medical Journals while describing Boswellia Serrata in its book Monograph on Selected Medicinal Plants Volume IV.

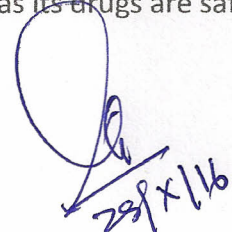
Government of India approved it as a drug for the treatment of arthritis but Sri Lanka Government approved it as a prescription Drug. The Medicine S.Compound is available in South Africa, Canada and number of other countries due to its efficacy and safety.

Western Governments are very much particular about the safety of sufferers; European Union banned Ayurvedic Drugs as it contains heavy metals. S.Compound is free from heavy metal and all sorts of contaminations

We are here today to reaffirm our commitment to protecting three of our greatest assets: health, the environment and coming generation. The three are inter-linked. Ensuring Healthy Environments is vital to our efforts to help shape the future of life.

The polluted environment and mental stress and change in life style are becoming a very big challenge for the Medical fraternity across the globe.

Dr Mahesh Chander Sharma General Secretary Indigenous Medicines Organization while speaking on the occasion stated people are again turning towards Ayurveda as its drugs are safe.



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It does not suppress the ailment like Modern system it improves the immunity and cures the disease. He referred to S.Compound a drug for arthritis and its role in cancer. He stated that a University in Germany described it as Leukotriene inhibitor and found it effective in Cancer, Colitis and Bronchial asthma apart from Arthritis. He further stated in cases of cancer S.Compound was supplemented with Chemotherapy drugs, it not even reduces the toxic effect of Chemotherapy but also improved the Quality of the sufferer, it was observed while monitoring of such cases. He further stated our Science believes in the philosophy of "सर्वे भवन्तु सुखिन, सर्वे सन्तु निरामयः". That is: All should remain happy, all should remain healthy. Dr. Sharma urged the Government to select some drugs and initiate controlled studies by adopting all western parameters to attract importers.

Dr. Taran Sigh Medical Superintendent Government Ayurvedic Hospital Jammu while speaking on the occasion stated that Ayurveda is generally defined as 'Science of life' by translating 'Ayur' as life and 'Veda' as science. Sushruta defines health as: Samdosha, samagni, samdhatu malakriyah Prasannatma, indriyas manah swath abhidayate. This means that health is balanced when all three doshas or bioenergy and agni or metabolic process are balanced, and excretions are in proper order. When atman or soul, senses, manah or intellect are in harmony with internal peace, svastha or optimal health is achieved. Compare this with the definition of health that the World Health Organization uses: health is a complete state of physical, mental and social well-being, and not merely the absence of disease or infirmity. So we see how strongly the principles of Ayurveda are aligned with the definition of health propagated by the WHO. Health is the complete state of wellbeing and not the absence of disease. Today, Ayurveda is relevant globally because of its holistic and comprehensive approach to health.

Dr. Anil Sharma, Dr. Vinod Sharma, Dr. Pawan Pandita, Dr.Sudarshan & Dr. Shama also spoke on the occasion.

Prithipal Singh, presented a vote of thanks and function was concluded with distribution of Prasad


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PRITHIPAL SINGH