

VISHAGHNA YOGAS IN CHARAK SAMHITA – A REVIEW

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ABSTRACT

Ayurveda is an ancient science of life which deals with physical, mental and spiritual health of human being. *Charak Samhita* is commonly referred basic textbook of Ayurveda which describes eight clinical branches in Ayurveda. *Vishagaravairodhika prashamana* or *Agadtantra* is one of the eight clinical branches of Ayurveda which deals with management of toxicity. For the management of toxicity, various *Vishaghna yogas* or *Agadas* are mentioned in *Charak Samhita*. *Charak Samhita* has eight sections namely *Sutrasthanas*, *Nidansthana*, *Vimansthana*, *Sharirsthana*, *Indriyasthanas*, *Chikitsasthanas*, *Kalpasthanas* and *Siddhisthanas*. *Charak Samhita* has given special attention towards poison and its management in 23rd chapter of *Chikitsasthanas*. Various *Vishaghna yogas* are also mentioned in other *sthanas* of *Charak Samhita*. This review article is an attempt to put forth all *Vishaghna yogas* of *Charak Samhita* collectively in one place.

Keywords: *Vishaghna Yoga*, *Charak Samhita*, *Agadtantra*, Toxicity, *Agada*

INTRODUCTION

Ayurveda is an ancient science of life which deals with physical, mental and spiritual health of Human being. *Charak Samhita* is commonly referred textbook of Ayurveda for the sake of two objectives i.e., to maintain and promote positive health and to cure diseases of diseased person¹. To achieve these two objectives basic principles of Ayurveda, healthy advices and directions, anatomy and physiology of human body, pharmacological action of various drugs, diagnosis and management of various diseases, preventive and curative aspects of various formulations along with Panchakarma is described in *Charaka Samhita*. *Charak Samhita* has eight sections namely *Sutrasthanas*, *Nidansthana*,

Vimansthana, *Sharirsthana*, *Indriyasthanas*, *Chikitsasthanas*, *Kalpasthanas* and *Siddhisthanas*.

Ayurveda has eight clinical branches namely *Kayachikitsa*, *Shalakyas*, *Shalyas*, *Vishagaravairodhika prashamana*, *Bhutavidya*, *Kaumarbhritiyaka*, *Rasayana* and *Vajikarana*². *Vishagaravairodhika prashamana* or *Agadtantra* is one of the eight clinical branches of Ayurveda which deals with Ayurvedic perspective of toxicology. *Charak Samhita* has given special attention towards poison in 23rd chapter *Vishachikitsa Adhyaya* of *Chikitsasthanas*. In this chapter properties, manifestations and management of *Visha* (poison) is highlighted. For the management of toxicity, various

Vishaghna yogas (Antitoxic formulations) or *Agadas* are mentioned in *Charak Samhita*. All eight *sthanas* (sections) of *Charaka Samhita* are reviewed thoroughly with special reference to *Vishaghna Yogas* and *Agadas* and put forth collectively in this article.

REVIEW OF LITERATURE

Vishagaravairodhika prashamana and *Agadtantra* are synonyms of each other which describes Ayurvedic perspective of toxicology. The word *Agadtantra* consists of two words *Agada* and *Tantra*. The word *Agada* is derived from *Gada*. *Gada* has two meanings one is *Roga* (Disease) and other is *Visha* (poison). *Agada* is also a synonym to drug. So *Agada* is a drug that conquers disease or poison.

Dravya (substance) which causes *vishada* (sorrow) is called as *Visha* (poison)³. Formulations which act against these toxic substances are known as *Vishaghna Yoga* (Antitoxic formulation). Poison has ten properties namely *Laghu* (Lightness), *Ruksha* (Dryness), *Aashu* (Quick acting), *Vishad* (Non-slimy), *Vyavayi* (Quickly absorbed), *Teekshna* (Sharpness), *Vikasi* (Deranges structure and debilitates functions of *Dosha*, *Dhatu* etc.), *Sookshma* (Minuteness), *Ushna* (Hot) and *Anirdeshya Rasa* (Undefinable taste)⁴. Formulations or drugs which act against these properties of poisons or venoms are called as *Vishaghna Yoga*.

Vishaghna yogas which are described in *Charak samhita* are shown in following Tables-

Table 1: *Vishaghna Yoga* in *Charak Samhita Sutrasthana*^{5,6,7,8,9,10,11}

Sr. No.	<i>Vishaghna Yoga</i>	Indications	Route of Administration	References
1	<i>Mutra varga</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 1/94-97
2.	<i>Hastimutra</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Su. 1/104
3.	<i>Vajimutra</i>	<i>Vishaja vikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Su. 1/105
4.	<i>Vishanashak yawagu</i>	<i>Vishaghni</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 2/24
5.	<i>Shirishadi Lepa</i>	<i>Visha nashak</i> (Antitoxic)	<i>Lepa</i> (Local Application)	Ch.Su. 3/28
6.	<i>Vishaghna Mahakashaya</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 4/11
7.	<i>Sarpi pana</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Su. 13/43
8.	<i>Shirish</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)/ <i>Lepa</i> (Local Application)	Ch.Su. 25/40
9.	<i>Yava</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 27/20
10.	<i>Kalashaka</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Su. 27/91
11.	<i>Tandulyeek</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 27/94-95
12.	<i>Kapitha</i>	<i>Vishaghna</i> (Antitoxic)	<i>Pana</i> (Oral)	Ch.Su. 27/136-137
13.	<i>Phala</i> of <i>Nipa</i> , <i>Shatavhak</i> , <i>Pilu</i> , <i>Trunashunya</i> , <i>Vikangatam</i> , <i>Prachinamalak</i> .	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Su. 27/145
14.	<i>Takra</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Su. 27/229
15.	<i>Ghrita</i>	<i>Visha</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Su. 27/231
16.	<i>Jeerna Ghrita</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Su. 27/233

Table 2: *Vishaghna Yoga* in *Charak Samhita Chikitsasthana*^{12,13,14,15,16,17,18}

Sr. No.	<i>Vishaghna Yoga</i>	Indications	Route of Administration	References
1.	<i>Dwitiya brahmya rasayana</i>	Prophylaxis/preventive for <i>vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	Ch.Chi.1/58-61 (<i>Rasayana Adhyaya pratham pad</i>)
2.	<i>Haritakyadi yoga</i>	Prophylaxis/preventive for <i>vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	Ch.Chi.1/77 (<i>Rasayana Adhyaya pratham pad</i>)
3.	<i>Kalyanak Ghrita</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Chi.9/36-41
4.	<i>Siddharthakadi Agada</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral), <i>Anjana</i>	Ch.Chi.9/69-72

			(Collyrium), <i>Nasya</i> (Nasal medication), <i>Alepa</i> (External application), <i>Snana</i> (Bath), <i>Udvaartana</i> (Uction)	
5.	<i>Kshargudika</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Chi.12/43-46
6.	<i>Patolmuladi Kwath</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Chi.12/53-54
7.	<i>Narayana Churna</i>	<i>Damshtra visha</i> (Animate poison), <i>mula visha</i> (Root poison), <i>Garavisha</i> (Concocted poison), <i>Krutrim visha</i> (Artificial poison).	<i>Pana</i> (Oral)	Ch.Chi.13/125-132
8.	<i>Snuhikshira Ghruta</i>	<i>Garadosha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Chi.13/138-140
9.	<i>Pippalimuladi kshara</i>	<i>Vishavikara</i> (Poisoning) and <i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Chi.15/173-176
10.	<i>Yogaraj yoga</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Chi.16/81-86
11.	<i>Shilajatu vataka</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Chi.16/87-92
12.	<i>Vamana yoga</i>	First <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/45
13.	<i>Virechana yoga</i>	Second <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/45
14.	<i>Madhu-Sarpadi yoga</i>	Second <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/47
15.	<i>Ksharagad</i>	Third <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/48
16.	<i>Gomayrasadi Yoga</i>	Fourth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/48
17.	<i>Kakanda-Shirish Yoga</i>	Fifth <i>Vishavega</i> (Impulse)	<i>Ashchotana</i> (Eye drop) <i>Anjana</i> (Collyrium) and <i>Nasya</i> (Nasal medication)	Ch.Chi.23/48-49
18.	<i>Gopittadi Yoga</i>	Sixth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/50
19.	<i>Palashbeejadi yoga or Vartakadi yoga or Surasadi Gutika</i>	Eighth <i>Vishavega</i> (Impulse)	<i>Pana</i> (Oral)	Ch.Chi.23/51-52
20.	<i>Kakandadi yoga</i>	<i>Udbandhan</i> (hanging), <i>Visha</i> (poisoning), <i>Jalamruta</i> (drowning).	<i>Nasya</i> (Nasal medication), <i>Lepa</i> for <i>Upadhan karma</i> (Local application on incised scalp), <i>Pana</i> (Oral)	Ch.Chi.23/53
21.	<i>Mrutasanjivana Agada</i>	<i>Sarva vishahara</i> (All types of poisoning)	<i>Nasya</i> (Nasal medication), <i>Lepa</i> (Local paste), <i>Dharana</i> (Amulet), <i>Dhuma</i> (Fumigation), <i>Grahana</i> (Keeping at home).	Ch.Chi.23/54-60
22.	<i>NataKushta kalka yoga</i>	<i>Vatasthane visha</i> (Poison in the site of <i>Vata</i>)	<i>Pana</i> (Oral)	Ch.Chi.23/62
23.	<i>Ghrutamadhupayambu yoga</i>	<i>Pittasthane visha</i> (Poison in the site of <i>Pitta</i>)	<i>Pana</i> (Oral)	Ch.Chi.23/62
24.	<i>Ksharagad</i>	<i>Kaphasthane Visha</i> (Poison in the site of <i>Kapha</i>)	<i>Pana</i> (Oral)	Ch.Chi.23/63
25.	<i>Charmakasha kalka</i>	<i>Kaphamargavrodhjanya Visha</i> (Poisoning obstruct-	<i>Lepa</i> (Local Application)	Ch.chi.23/65-66

		ing the path of <i>Kapha</i>)		
26.	<i>Katabhimarichyayadi yoga</i>	Kaphamargavrodhjanya Visha (Poisoning obstructing the passage of <i>Kapha</i>)	<i>Pradhama nasya</i> (Blowing medicated powder in nostrils)	Ch.chi.23/66
27.	<i>Mansa prayoga of Chag/Gavya/Mahish/Kukkuta</i>	<i>Visha sankraman /Raktagata Visha</i> (Poison spread in blood)	<i>Lepa</i> (Local Application) on incised scalp	Ch.chi.23/67
28.	<i>Vartakuadi yoga</i>	<i>Nasa, Karna, Netra, Jivha, Kantha Avarodh</i> (obstruction in nose, eyes, ear, tongue and throat) in <i>vishaktata</i> (poisoning)	<i>Nasya</i> (Nasal medication)	Ch.Chi.23/68
29.	<i>Daruvyoshadi yoga</i>	<i>Akshiavarodh</i> (distress of eyes) in <i>vishaktata</i> (Poisoning)	<i>Anjana</i> (Collyrium)	Ch.Chi.23/69
30.	<i>Gandhahasti Agada</i>	<i>Visha digdhakshata</i> (poisoned arrow injury), <i>Lidha visha</i> (Licking poison), <i>Damshta visha</i> (Animate poison), <i>Pita visha</i> (Poison administered orally).	<i>Lepa</i> (Local application), <i>Anjana</i> (Collyrium)	Ch.Chi.23/70-76
31.	<i>Mahagandhasti Agada</i>	<i>Mushika visha</i> (rat poison), <i>Luta visha</i> (spider poison), <i>Pannaga visha</i> (snake bite), <i>Mulavisha</i> (root poison), <i>Kanda visha</i> (tubers poison)	<i>Pana</i> (Oral), <i>Anjana</i> (Collyrium), <i>Lepa</i> (Local paste).	Ch.Chi.23/77-94
32.	<i>Rrushabhakadi Agada</i>	<i>Shwasa</i> (dyspnoea), <i>Jwara</i> (fever) – <i>Visha Upadrava</i> (complications) in <i>visharoga</i> (poisoning)	<i>Pana</i> (Oral)	Ch.Chi.23/95
33.	<i>Hingawadi Yoga</i>	<i>Upadrava</i> (Complications) in <i>Visharoga</i> (poisoning) like <i>Jwara</i> (fever), <i>Hikka</i> (hiccup), <i>Shwasa</i> (dyspnoea), <i>Kasa</i> (cough)	<i>Pana</i> (Oral)	Ch.Chi.23/96
34.	<i>Vamana nashak yoga</i>	<i>Vamana</i> (Vomiting) in <i>Vishavikara</i> (poisoning)	<i>Pana</i> (Oral)	Ch.chi.23/97
35.	<i>Hikka nashak yoga</i>	<i>Hikka</i> (hiccup) in <i>Visharoga</i> (poisoning)	<i>Dhumvarti</i> (Smoking sticks), <i>pana</i> (Oral)	Ch.chi.23/97
36.	<i>Dhuma yoga</i>	<i>Gruha shayana aasan, vastraadi</i> (poison in house, bed, chairs, clothes etc.)	<i>Dhuma</i> (Fumigation)	Ch.chi.23/98-99
37.	<i>Dhuma agada</i>	<i>Uraga</i> (snake), <i>Aakhu</i> (rat), <i>Kita</i> (insects), <i>Vastrakrumi</i> (insects in cloths)- <i>Vishaktata</i> (poisoning)	<i>Dhuma</i> (Fumigation)	Ch.Chi.23/99-100
38.	<i>Ksharagada</i>	<i>Sarva Visha</i> (All poisons)	<i>Pana</i> (Oral)	Ch.Chi.23/101-104
39.	<i>Khanda Lepa</i>	<i>Vatik visha</i> (<i>Vatik</i> poisoning)	<i>Lepa</i> (Local application)	Ch.chi.23/170
40.	<i>Ghritha pana</i>	<i>Vruchika Visha</i> (scorpion)	<i>Pana</i> (Oral)	Ch.chi.23/173

		sting)		
41.	<i>Ghrita pana</i>	<i>Ucchiting Visha</i> (scorpion sting)	<i>Pana</i> (Oral)	Ch.chi.23/174
42.	<i>Bandhujivadi mula yoga</i>	<i>Shirogata visha</i> (Poison situated in head)	<i>Nasya</i> (Nasal medication)	Ch.chi.23/181
43.	<i>Mansaasruga</i> (flesh with blood) of <i>Daksha</i> (cock), <i>Kak</i> (crow), <i>Mayur</i> (peacock)	<i>Adho ardha bhaga dashtajangam visha</i> (Bites in lower half of body)	<i>Lepa</i> (Local paste) on <i>Mastishka</i> (Head)	Ch.chi.23/182
44.	<i>Mansaasruga</i> (flesh with blood) of <i>Daksha</i> (cock), <i>Kak</i> (crow), <i>Mayur</i> (peacock)	<i>Urdhwa ardha bhaga dashta (jangam visha)</i>	<i>Lepa</i> (Local paste) on <i>pada</i> (Feet)	Ch.chi.23/182
45.	<i>Pipallyadi Anjana</i>	<i>Akshigat visha</i> (poison in eyes)	<i>Anjana</i> (Collyrium)	Ch.chi.23/183
46.	<i>Kapitthadi yoga</i>	<i>Kanthagata Visha</i> (Poison in throat)	<i>Lehan</i> (Linctus)	Ch.chi.23/184
47.	<i>Tagar churnadi yoga</i>	<i>Amashayagata Visha</i> (Poison in stomach)	<i>Lehan</i> (Linctus)	Ch.chi.23/184
48.	<i>Pipaliharidradi yoga</i>	<i>Pakwashayagata Visha</i> (Poison in colon)	<i>Pana</i> (Oral)	Ch.chi.23/185
49.	<i>Godha Rakta Mansa shushka churnadi Yoga</i>	<i>Rasagat Visha</i> (Poisoning of Rasa)	<i>Pana</i> (Oral)	Ch.chi.23/186
50.	<i>Shelormooltwagadi yoga</i>	<i>Raktagat Visha</i> (Poisoning of blood)	<i>Pana</i> (Oral)	Ch.chi.23/187
51.	<i>Madhu</i> with <i>khadirarishta</i> and <i>kutaja mula</i> with <i>jal</i>	<i>Mansagat Visha</i> (Poisoning of flesh)	<i>Pana</i> (Oral)	Ch.chi.23/188
52.	<i>Baladi yoga</i>	<i>Sarva Visha</i> (All types of poisoning)	<i>Pana</i> (Oral)	Ch.chi.23/188
53.	<i>Pipallinagaradi yoga</i>	<i>Kapha pradhan visha</i> (Aggregation of Kapha)	<i>Pratisarana</i> (Local painting)	Ch.chi.23/189
54.	<i>Mansyadi yoga</i>	All types of <i>Visha vikara</i> (poisoning)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium), <i>Lepa</i> (Local application)	Ch.chi.23/190-191
55.	<i>Chandanadi yoga</i>	<i>Sarva visha</i> (All poisons)	<i>Pana</i> (Oral)	Ch.chi.23/191-192
56.	<i>Shirisha pushpa yoga</i>	<i>Sarpa damshta</i> (Snake bite)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium)	Ch.chi.23/193
57.	<i>Natakushtha yoga</i>	<i>Takshak sarpa damshta</i> (<i>Takshak</i> snake bite)	<i>Pana</i> (Oral)	Ch.chi.23/194-195
58.	<i>Sindurvaradi yoga</i>	<i>Darvikar sarpa damshta visha</i> (<i>Darvikar</i> snake bite)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication)	Ch.chi.23/195-196
59.	<i>Manjishtadi yoga</i>	<i>Mandali sarpa damshta visha</i> (<i>Mandali</i> snake bite)	<i>Pana</i> (Oral)	Ch.chi.23/196-197
60.	<i>Vyoshadi yoga</i>	<i>Rajimant sarpa damshta visha</i> (<i>Rajimant</i> snake bite)	<i>Pana</i> (Oral)	Ch.chi.23/197-198
61.	<i>Gruhadhumadi yoga</i>	<i>Wasuki sarpa damshta visha</i> (<i>Wasuki</i> snake bite)	<i>Pana</i> (Oral)	Ch.chi.23/198-199
62.	<i>Kshirivruksha twagadi yoga</i>	<i>kita visha</i> (insect bites) of all types	<i>Lepa</i> (Local application)	Ch.chi.23/199-200
63.	<i>Chandanapadmakadi yoga</i>	All <i>Luta Visha</i> (spider poison)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i>	Ch.chi.23/201

			(Collyrium), <i>Lepa</i> (Local application)	
64.	<i>Madhukadi yoga</i>	<i>Luta visha</i> (spider poison)	<i>Pana</i> (Oral)	Ch.chi.23/202
65.	<i>Kusumbhapushpadi yoga</i>	<i>Karnika / Mansankura in Kita and Luta visha</i> (Growth at local site of bite of insect or spider)	<i>Lepa</i> (Local application)	Ch.chi.23/203
66.	<i>Katabhyadi yoga</i>	<i>Kita and Luta damshajanya vrana</i> (wound due to insect and spider bite)	<i>Pana</i> (Oral), <i>Lepa</i> (Local application),	Ch.chi.23/204
67.	<i>Twachanagar yoga</i>	<i>Mushaka visha</i> (Rat bite)	<i>Pana</i> (Oral)	Ch.chi.23/205
68.	<i>Kutajadi yoga</i>	<i>Vruchika</i> (Scorpion sting), <i>Luta</i> (spider bite), <i>Mushika</i> (Rat bite), <i>Sarpa</i> (snake bite) and <i>Garavisha</i> (concocted poison)	<i>Pradhama Nasya</i> (Blowing of powder in nostrils), <i>Pana</i> (Oral)	Ch.chi.23/206-207
69.	<i>Kapotvitadi yoga</i>	<i>Vruchika visha</i> (Scorpion sting)	<i>Lepa</i> (Local application)	Ch.chi.23/208-209
70.	<i>Shirishaphaladi yoga</i>	<i>Dardureavisha</i> (Frog poisoning)	<i>Lepa</i> (Local application)	Ch.chi.23/209
71.	<i>Shwetabhandi yoga</i>	<i>Matsyavisha</i> (Fish poisoning)	<i>Lepa</i> (Local application)	Ch.chi.23/210
72.	<i>Param Agada (Vachadi yoga)</i>	<i>Vishwambharadi damshata</i> (Insect bite like <i>Vishwambhara</i>)	<i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium), <i>Lepa</i> (Local application)	Ch.chi.23/212-214
73.	<i>Swarjikadi yoga</i>	<i>Shatapadi visha</i> (Centipede poisoning)	<i>Nasya</i> (Nasal medication), <i>Anjana</i> (collyrium), <i>Lepa</i> (Local application), <i>Pana</i> (Oral)	Ch.chi.23/215
74.	<i>Kapitthadi yoga</i>	<i>Gruhagodha visha</i> (House lizard poisoning)	<i>Lepa</i> (Local application)	Ch.chi.23/216
75.	<i>Kakandadi yoga</i>	<i>Visha</i> (Poison)	<i>Pana</i> (Oral), <i>Lepa</i> (Local application)	Ch.chi.23/217
76.	<i>Panchashirisha Agada</i>	<i>Visha</i> (Poison)	<i>Pana</i> (Oral), <i>Lepa</i> (Local application)	Ch.chi.23/218
77.	<i>Somavalkadi yoga</i>	<i>Nakha danta kshata visha</i> (Nail, Teeth bite wound)	<i>Lepa</i> (Local application)	Ch.chi.23/220
78.	<i>Sitadi yoga</i>	<i>Shanka visha</i> (Suspicion poisoning)	<i>Pana</i> (Oral)	Ch.chi.23/222-223
79.	<i>Devadarvadi yoga</i>	<i>Chatushpada Damshtanam</i> (Quadrapped bitten by some poisonous animals)	<i>Pana</i> (Oral), <i>Nasya</i> (Nasal medication), <i>Anjana</i> (Collyrium), <i>Leha</i> (Linctus).	Ch.chi.23/231-232
80.	<i>Tamrachurna & Madhu</i>	For <i>Vamana</i> in <i>Garavisha</i> (For emesis in concocted poison)	<i>Pana</i> (Oral)	Ch.chi.23/239
81.	<i>Hemachurna yoga</i>	<i>Sarva visha</i> (all poison), <i>Gara visha</i> (concocted poison).	<i>Pana</i> (Oral)	Ch.chi.23/240
82.	<i>Nagdantyadi ghruta</i>	<i>Sarpa visha</i> (Snake bite), <i>Kita visha</i> (Insect bite), <i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.chi.23/241-242

83.	<i>Amruta ghrita</i>	<i>Sarva visha</i> (all types of poison), <i>Garavisha</i> (Concocted poison), <i>Visha Udbandhana mruta</i> (revives the person almost dead due to poisoning and hanging)	<i>Pana</i> (Oral), <i>Abhyanga</i> (Gentle massage), <i>Nasya</i> (Nasal medication)	Ch.chi.23/242-249
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Table 3: Vishaghna Yoga in Charaka Samhita Kalpasthana^{19,20,21,22,23,24}

Sr. No.	Vishaghna Yoga	Indications	Route of Administration	References
1.	<i>Ishwaku yoga</i>	For <i>vamana</i> in <i>vishavikara</i> (Emesis in poisoning)	<i>Pana</i> (Oral)	Ch.Ka.3/4
2.	<i>Ishwaku kshira</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Ka.3/9-10
3.	<i>Ishwaku phala majja with dadhimanda or takra</i>	<i>Vishavikara</i> (Poisoning)	<i>Pana</i> (Oral)	Ch.Ka.3/10-11
4.	<i>Dhamargava (phala, pushpa, praval)</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Ka.4/4-5
5.	<i>Dhamargava yoga</i>	<i>Vishanashaka</i> (All types of poison)	<i>Pana</i> (Oral)	Ch.Ka.4/15
6.	<i>Krutavedhana yoga</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Ka.6/4
7.	<i>Vyoshadi gutika</i>	<i>Vishanashaka</i> (all types of poisons)	<i>Pana</i> (Oral)	Ch.Ka.7/46-49
8.	<i>Snuhi yoga</i>	<i>Dushivisha</i> (Denatured/Latent poison)	<i>Pana</i> (Oral)	Ch.Ka.10/5-6
9.	<i>Saptala shankhini yoga</i>	<i>Garavisha</i> (Concocted poison)	<i>Pana</i> (Oral)	Ch.Ka.11/4-5.

DISCUSSION

Action of poison depends upon properties of poison. If poison or venom possesses all ten properties which is described in *Charaka Samhita* that poison or venom becomes fatal to Human being. Hence for treating these poisoning, formulations must be potent with faster and specific actions. *Vishaghna yogas* are the formulations which counteract the deleterious effects of *Visha* (poison). *Vishaghna yogas* are administered through various routes like oral, nasal, collyrium, local application etc. depending upon action of poison.

After reviewing *Charaka Samhita* it is found that drugs useful in treatment of poisoning are described in *Sutrasthana*, *Chikitsasthana* and *Kalpasthana*. *Vishaghna yogas* are not mentioned in *Nidansthana*, *Vimansthana*, *Sharirasthana*, *Indriyasthana* and *Siddhithna*. Most of the references of *Vishaghna yogas* are from *Vishachikitsa adhyaya* of *Chikitsasthana*. In other chapters of *Chikitsasthana* some references of *Vishaghna yogas* helpful in treatment of poisoning are also found. *Kalpasthana* of *Charaka*

Samhita describes various *yogas* or formulations which are used in *shodhana chikitsa* of the human body. *Vamana* and *Virechana yogas* useful in treatment of poisoning are described in *Kalpasthana*. *Vishaghna Mahakashaya* is one of the fifty *Mahakashayas* which are described in *sutrasthana* of *Charaka Samhita*. All ten drugs in *Vishaghna mahakashaya* are used singular or in various combination for the management of poisonings. Some *Aahariya dravya* (food/diet) viz. *Yava* (Barley), *Tanduleeyaka* (*Amaranthus tricolor* Linn.), *Takra* (Butter milk), *Ghrita* (Ghee), *Jeerna Ghrita* (old Ghee) etc. are mentioned in *Sutrasthana* as *Vishaghna* (Antitoxic).

CONCLUSION

Vishaghna yogas or *Agadas* (Antitoxic formulations) are found specially in *Chikitsasthana*, *kalpasthana* and *sutrasthana* of *Charak Samhita*. *Charak* has narrated various *Vishaghna yogas* which are scattered in these different sections of the *Samhita*. These *Vishaghna yogas* (Antitoxic formulations) are de-

scribed to be useful in specific poisonous conditions. Also, the routes of administration of these formulations are mentioned very specifically. In this review article, all these *Vishaghna yogas* are assembled at one place systematically with all the indications, routes of administrations and references. Hence, it becomes easy to refer these formulations at a glance. In day to day life, knowingly or unknowingly Human beings are exposed to lots of chemicals or toxins. These chemicals or toxins cause direct or indirect harm to human body. *Vishaghna yogas /Agadas* (Antitoxic formulations) mentioned in *Charak Samhita* are useful in treating harmful effects of such chemicals or toxins and also useful in other fatal poisoning.

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