INTRODUCTION

The tumor which arises from the squamous layer of epidermis is the second most common malignant neoplasm of the eyelid comprising 5 – 10% of all eyelid malignancies. In the current era, where the people are more exposed to ultraviolet rays, ionizing radiations and arsenic radiations, the chances for squamous cell carcinoma are more. It is a potentially fatal disease.

This squamous cell carcinoma can be correlated to Varthma Arbudha mentioned in the Authoritative books of Ayurveda. The treatment mentioned for Varthma Arbudha is Chedana Karma which should be followed by Kshara Karma and Agni Karma. Here Chedana Karma was performed with Apamarga kshara in the form of kshara sutra.

CASE REPORT

A female patient of 90 years was brought to the OPD of SDMCAH, Hassan, Karnataka with the presenting complaint of Cyst like outgrowth on the left lower eyelid region since one year. There was associated complaint of watering from the left eye. On examination, it was found that the visual acuity was 6/60 in the affected eye and slit lamp examination showed features of Madarosis, Tylosis, Cutaneous horny mass with a punctuate ulcer underneath. The case was sent for biopsy and got confirmed as Squamous Cell Carcinoma. Though the case was referred to higher centre, considering the age got rejected for surgery and any management. With the consent of the patient’s attendant, it was decided to subject the patient for Ayurvedic line of management.

ADOPTED TREATMENT

The Aharana of the Krimi was done. Each day 90-100 maggots were removed. The procedure was done for three days and the entire maggots where removed. The
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**DISCUSSION**

In Squamous Cell Carcinoma there will be a highly vascular and deep seated tumor with a hard plaque like growth in the upper direction\(^\text{10}\). In Varthmagatha rogas, Acharya Susruta has mentioned three diseases wherein polypoidal mass will be formed. They are Varthma Arsa, Varthma Arbudha and Sonita Arsa\(^\text{11}\). In Varthma Arsa, there will be multiple, small and rough pidikas resembling associated with mild pain\(^\text{12}\). In Varthma Arbudha, there will be irregular shaped cyst like growth but there won’t be any associated feature of pain\(^\text{13}\). In Sonita Arsa, soft and fleshy growth associated with pain, burning sensation, itching\(^\text{14}\). Both Varthma Arbudha and Sonita Arsa are Raktaja vikaras. But in Sonita Arsa, there will be associated features of pain, burning sensation which is not found in this case. Considering the features of the above diseases, the case can be correlated to Varthma Arbudha.

**Varthma Arbudha** is a Chedana Sadya Roga\(^\text{15}\). Considering the age of the patient, the Chedana Karma was performed in the form of Kshara Sutra. Kshara sutra is a procedure mentioned in the Nadivrana chikitsa\(^\text{16}\). This method of application of kshara is told for krisha and durbala people. It is indicated for Arbudha also. Kshara is always considered superior to Sastras\(^\text{17}\). So Kshara Sutra was adopted.

**SUGGESTION**

As Paschat Karma for Chedana Karma in Varthma Rogas, Agni Karma is mentioned\(^\text{18}\). Agni Karma which is considered superior to Kshara Karma is also having the property of Apunarbhavatha\(^\text{19}\). Hence it might also be appropriate to perform Agni Karma after the Kshara Sutra.
to prevent the recurrence by cauterising the area which can be considered equivalent to the radiation therapy.

**CONCLUSION**

The cystic mass fell off and the patient had considerable relief from watering from the eye. The effect of Ayurvedic therapeutics on Arbuda is evident from this case study. Hence by planning an appropriate treatment protocol, it is possible to manage the dreadful diseases of the modern era by the Ayurvedic Management.

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